



## greater boston

### Coming Events

**TWC's 10th Annual Golf Tournament**  
**FORE! A Good Cause Presented**  
**by Jackie and Marty Shaevel**  
 Monday, June 21, 2004  
 Salem Country Club



On Monday, June 21st The Wellness Community will return to Salem Country Club to host our 10th annual golf outing. We are most grateful to Jackie and Marty Shaevel for returning as title sponsors again this year and we welcome Blue Cross Blue Shield of Massachusetts as a new gold sponsor. We are also grateful to Roberta Thall for her continued support as the program and luncheon sponsor. Our sponsors' support of this tournament ensures The Wellness Community's ability to provide the highest level of support programs and services to people and families living with cancer.

Salem Country Club is a nationally recognized golf venue and recently hosted the United States Senior Open. We are honored to host our charity tournament at the prestigious golf course and we

### Recent Events

**Gilda Radner Award Dinner**  
**strong women strong**  
**spirit**



Four remarkable women were presented with the Gilda Radner Award on June 7th. Asha Mevlana, Carmen V. Dillon, Judith P. Schlager and Helen Spaulding are all breast cancer survivors. Each has become proactive on behalf of other women with breast cancer, both through public efforts including advocacy, fundraising and education and through private acts of personal kindness.

The dinner, which was held at the Westin Copley Place Hotel, was generously underwritten by Mr. George Cloutier, who presented the awards to our honorees. The evening was hosted by 7NEWS Weekend Morning Co-Anchors, Juli Auclair and Phil Lipof. Phil is the son of a former Gilda Radner Award recipient, Mike Lipof. The event raised over \$400,000; these funds will be used to

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welcome your participation. There is limited space available for sponsors, foursomes and golfers. If you would like to reserve your space, please call Susan Amick at (617) 332-1919. If you are interested in Sponsorship opportunities, please [click here](#) for detailed information. You may return completed Sponsorship Reply Forms to The Wellness Community by mail, fax or email.

**Thank you for your interest in  
FORE! A Good Cause.**

Mail:  
FORE! A Good Cause  
The Wellness Community  
1039 Chestnut Street  
Newton, MA 02464

FAX:  
(617) 332-2727

E-mail  
[Samick@wellnesscommunity.org](mailto:Samick@wellnesscommunity.org)

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***Music Through the Decades*** was a swinging party,  
***Flavors of Wellness*** was a tasteful affair,  
But we miss the gala ambiance  
With its elegance and flair!

**Saturday, October 23rd, The Wellness Community will host  
*Fly Me to the Moon* at the Bay Tower Room.**

Join us in one of Boston's loveliest rooms as the beauty of the night sky is matched by the sparkling festivities of the gala!

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**When a Parent Has Cancer:  
Strengthening the School's  
Response**

support The Wellness Community's programs in the coming year.

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### **Boston Marathon 2003 Strides for Hope**



Jan Kallio, 2003 Strides for Hope team member makes her way down Boylston Street to the finish line of the 2003 Boston Marathon.

### **The Challenge**

Athlete. Runner. Walker. Marathoner. Are these words you wouldn't exactly use to describe yourself? Have you always admired the people who could reach down and come up with the mental and physical strength to achieve such a rewarding accomplishment? It doesn't have to be somebody else crossing the finish line. You can be a marathoner. As a member of the Strides for Hope Marathon Team, you'll find support, friendship and motivation as you prepare to fulfill this personal accomplishment while helping to support people living with cancer at The

The Conference Center at Harvard Medical  
77 Avenue Louis Pasteur  
Boston, MA

**Tuesday, November 9, 2004**  
**8:00 am - 3:30 pm**

For more information [click here](#).

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Wellness Community.

### **The Mission**

Strides for Hope team members raise a specified amount of money to support people living with cancer. While you work towards fulfilling your personal marathon goal, you will also be helping The Wellness Community meet their goal of offering free emotional support, education and hope to people with cancer and their loved ones.

### **The Program**

Ask anyone who has run or walked a marathon, it is the experience of a lifetime! With the right attitude, commitment and a solid training program, anyone can complete a marathon. Our program is designed to meet the needs of each individual team member – from the novice walker to the seasoned runner. As a member of the Strides For Hope Team you will receive the following benefits:

### **Team Member Benefits Training**

- 16-week comprehensive personalized training program
- Support and motivation in our group environment
- Presentations on injury prevention, nutrition, etc.
- Tips on form, technique, apparel and equipment

### **Team Apparel**

- Strides for Hope T-Shirt and Singlet

### **Social Gatherings**

- Kick-Off Party
- Send-Off Party

- Post Event Victory Party

### **Committed Staff Support**

- Regular newsletters and updates
- Fund raising tips and guidance to help reach your goal
- Stationery, pledge forms and samples for letter writing campaign

### **Tell Me More**

For more information about Strides for Hope and upcoming information meetings, e-mail us at [Samick@wellnesscommunity.org](mailto:Samick@wellnesscommunity.org)

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